Physician: **Dr. Jack Pasula**
Patient: **Sample Patient**
Identifier: **SAMPLE**
Profile: **MRT 170**
Test Date: **04/03/2018**
Technologist: **JW**
Page: **1 of 2**

Oxford Biomedical Technologies
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Phone: (561) 848-7111
FL License #: 800027063
CLIA ID #: 10D0914874
U.S. Patents: 6,114,174 6,200,815

Test Reaction Levels

Non-Reactive | Moderately Reactive | Reactive

Chemicals	Reaction Level
Phenylethylamine	Non-Reactive
Potassium nitrate	Non-Reactive
Lecithin (soy)	Non-Reactive
Caffeine	Non-Reactive
Sorbic acid	Non-Reactive
FD&C red #4	Non-Reactive
FD&C red #3	Non-Reactive
MSG	Non-Reactive
Capsaicin	Non-Reactive
Sodium metabisulfite	Non-Reactive
Solanine	Non-Reactive
Ibuprophen	Non-Reactive
Polysorbate 80	Non-Reactive
Sodium sulfite	Non-Reactive
Tyramine	Non-Reactive
Acetaminophen	Non-Reactive
FD&C green #3	Non-Reactive
Fructose (HFCS)	Non-Reactive
FD&C yellow #6	Non-Reactive
FD&C yellow #5	Non-Reactive
Aspartame	Non-Reactive
Candida albicans	Non-Reactive
Benzoic acid	Non-Reactive
Saccharin	Non-Reactive
Potassium nitrite	Non-Reactive
FD&C red #40	Non-Reactive
Salicylic acid	Non-Reactive
FD&C blue #1	Moderately Reactive
FD&C blue #2	Moderately Reactive

Beans/Nuts/Legumes/Seeds	Reaction Level
Lentil	Non-Reactive
Almond	Non-Reactive
Sunflower seed	Non-Reactive
Navy bean	Non-Reactive
Pecan	Non-Reactive
Hazelnut	Non-Reactive
Soybean	Non-Reactive
Mung bean	Non-Reactive
Pistachio	Non-Reactive
Sesame	Non-Reactive
Red kidney bean	Non-Reactive
Walnut	Non-Reactive
Garbanzo bean	Non-Reactive
Cashew	Non-Reactive
Pinto bean	Moderately Reactive
Flaxseed	Moderately Reactive
Lima bean	Moderately Reactive
Peanut	Moderately Reactive

Vegetables	Reaction Level
Green bean	Non-Reactive
Sweet potato	Non-Reactive
Leek	Non-Reactive
Cabbage	Non-Reactive
Chard	Non-Reactive
Lettuce	Non-Reactive
Cucumber	Non-Reactive
Broccoli	Non-Reactive
Beet	Non-Reactive
Scallions	Non-Reactive
Zucchini	Non-Reactive
Onion	Non-Reactive
Corn	Non-Reactive
Cauliflower	Non-Reactive
Asparagus	Non-Reactive
Pumpkin	Non-Reactive
Brussels sprouts	Non-Reactive
Green pea	Non-Reactive
Bok choy	Non-Reactive
Butternut squash	Non-Reactive
Celery	Non-Reactive
Carrot	Non-Reactive
Kale	Non-Reactive
Tomato	Non-Reactive
Green pepper	Non-Reactive
Eggplant	Moderately Reactive
White potato	Reactive
Spinach	Reactive
Mushroom	Reactive

Fruits	Reaction Level
Grape	Non-Reactive
Olive	Non-Reactive
Avocado	Non-Reactive
Orange	Non-Reactive
Strawberry	Non-Reactive
Plum	Non-Reactive
Cherry	Non-Reactive
Coconut	Non-Reactive
Pear	Non-Reactive
Watermelon	Non-Reactive
Banana	Non-Reactive
Date	Non-Reactive
Peach	Non-Reactive
Mango	Non-Reactive
Cantaloupe	Non-Reactive
Papaya	Non-Reactive
Honeydew melon	Non-Reactive
Cranberry	Moderately Reactive
Raspberry	Moderately Reactive
Pineapple	Moderately Reactive
Apple	Reactive
Apricot	Reactive
Blueberry	Reactive
Grapefruit	Reactive

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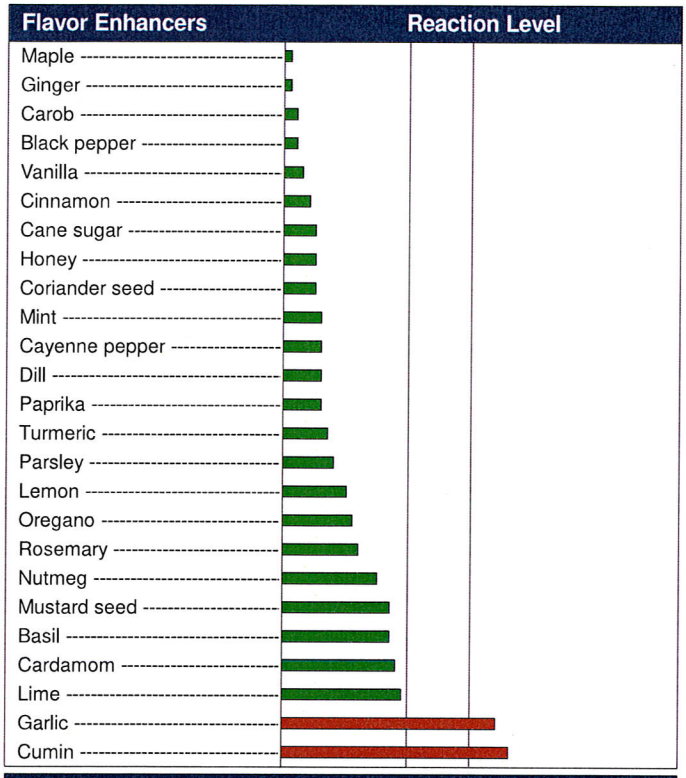

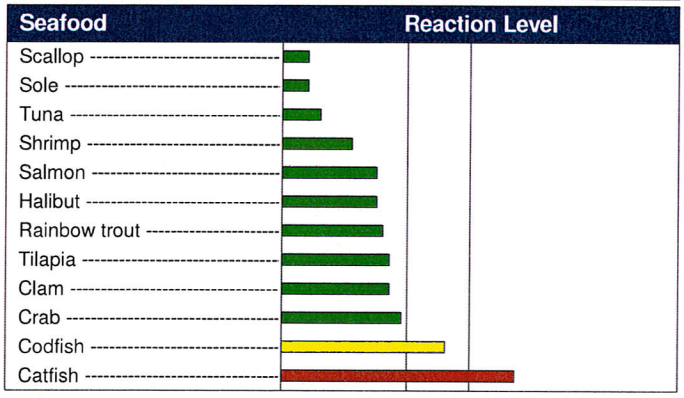

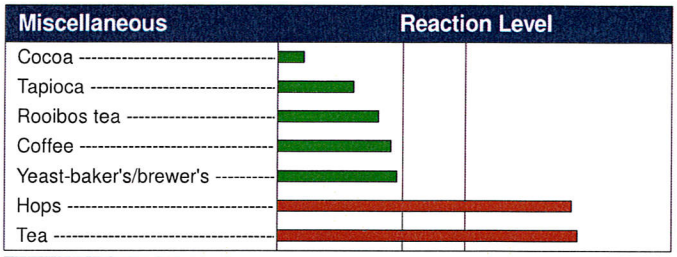

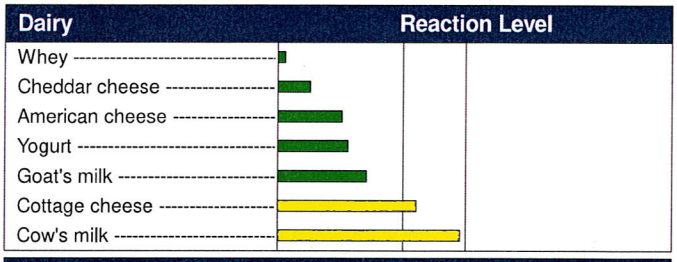

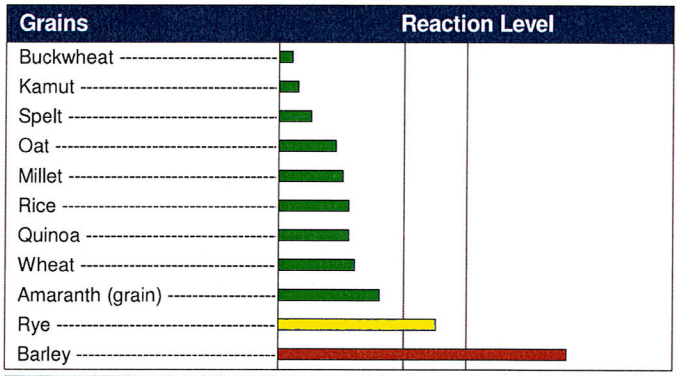

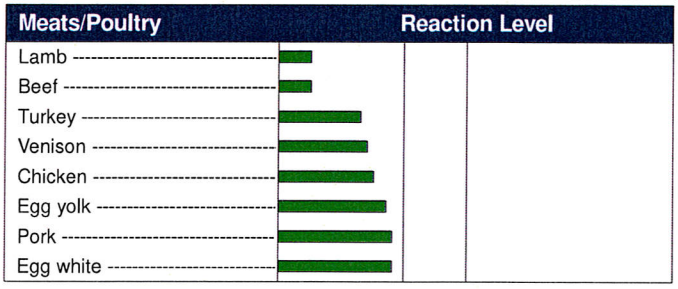

Degrees of reactivity may not in all cases correlate with levels of clinical reactivity to the tested food or chemical. It is recommended to completely avoid all tested items with "Reactive," or "Moderately Reactive" scores. If tested "Non-Reactive" foods have been consumed regularly before testing, there is a high probability that they are "safe" and are not likely to provoke symptoms, as long as there is no history of allergic, autoimmune, or other type of inflammation-provoking or symptom-provoking reaction.
These test results can form the basis of an eating plan developed under the guidance of a physician, dietitian, or other qualified healthcare practitioner.